



Celebrating 10 years!

Mayor-a-thon 2018

Saturday June 23

6:30 am — 10:00 am

Kapa'a Beach Park
(Next to the Kapa'a Library)

Pre-register at www.getfitkauai.com
between June 1 and noon on June 22.



Please, bring a Healthy Food item
for our Healthy Food Drive!

It's all FREE!



Mayor-a-thon Special Free Electric Bus Transport

Westside Bus Pick-up Locations:	Pick up Time:
Kekaha Neighborhood Center Bus Stop	5:30 am
Waimea Athletic Field Bus Stop	5:35 am
Hanapēpē Multi-Purpose Building Bus Stop	5:45 am
Kalāheo Post Office Bus Stop	5:55 am
Kukui Grove Bus Stop	6:10 am
Return Trip from Kapa'a Library Bus Stop	10:15am

North Shore Pick-up Locations:	Pick up Time:
Princeville Bus Stop (Mauka)	5:35 am
Anaina Hou Community Park	5:45 am
Anahola Post Office (Mauka)	5:55 am
Return Trip from Kapa'a Library Bus Stop	10:15am

- **6:30 AM** - Check-in: T- Shirts for the first 500 preregistered, Kaiser Permanente Cinch Bags for all! **Drop off your Healthy Food Item at the Healthy Food Drive Tent.** Vendor tables open.
- **7:00 AM** - Welcome and Warm-Up
- **7:15 AM** - Event starts walk, bike, run , stroll or jog between 1 and 8 miles. Your choice! **(Dogs on leashes welcome!)**
- **8:00 - 10:00 AM** - Breakfast from Mark's Place (sponsored by HMSA), Dancing, Games, Prizes, Zumba and so much more!!
- **9:45 AM - GRAND PRIZE DRAWING a 2-night stay at Kauai Marriott Resort! YOU MUST BE PRESENT TO WIN!**
- You **MUST Pre-register and be present** to be eligible to win prizes!

YOU MUST be PRESENT to WIN ALL PRIZES!



With sincere thanks to our generous sponsors: Coconut Coasters County of Kauai Parks and Recreation, Department of Water, Hawaii Department of Health, FM 97, GEICO, Get Fit Kauai, Hawaii Public Health Institute, HMSA, Ho'ola Fitness Center, Kaiser Permanente, Kauai Coffee, Kauai Cycle, Kauai Grown, Kauai Path, KONG Radio, Lihue Boys and Girls Club, 97FM, The Kauai Bus.

Individuals requiring additional support or an auxiliary aid to participate in the event, please contact Bev Brody at (808) 212-4765 at least ten (10) working days before the event.